



THE ROM SPECIALISTS®

# ADVANCE DYNAMIC® ROM - ELBOW FLEXION ORTHOSIS

## EASY FIT INSTRUCTIONS

### BEFORE APPLYING ORTHOSIS:

- Check arm for any neurological or vascular changes.
- Check device to be sure that lock and lock safety are engaged.



### FOR DYNAMIC TENSION:

- Swing lock lever safety away from lock lever.
- Disengage lock lever by slightly flexing arm.



### TO INSPECT THE FIT:

- Check alignment and adjust straps for comfort.
- Check for any neurological or vascular changes.

### TO APPLY ORTHOSIS:

- Unfasten or loosen all straps.
- Slide device onto arm with strut placed on outside of limb and tension spring lined up at the elbow joint.
- Align the struts by along the long bones of the arm.
- Fasten and tighten straps. Straps should be snug enough for one finger to be inserted between the strap and skin.
- Loosely fasten middle straps closest to the elbow. Metal stabilizing bars should not come in contact with patient's skin.



### TO REMOVE ORTHOSIS:

- Lock device into position by engaging lock lever safety with lock lever.
- Unfasten/loosen straps and carefully slide orthosis off arm.





# ADVANCE DYNAMIC<sup>®</sup> ROM - ELBOW FLEXION ORTHOSIS

RESTORE MOTION, RETURN TO FUNCTION



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