

### BEFORE APPLYING ORTHOSIS:

- Check wrist and hand for any neurological or vascular changes.
- Check device to be sure that lock and lock safety are engaged.



### TO APPLY ORTHOSIS:

- Unfasten or loosen all straps.
- Slide device onto arm with strut placed on outside of limb and tension spring centered at the wrist joint.
- Align the struts to the long bones of the forearm.
- Palm of hand should rest comfortably on the top of the hand platform.
- Fasten and tighten straps. Straps should be snug enough for one finger to be inserted between the strap and skin.



### FOR DYNAMIC TENSION:

- Swing lock lever safety away from lock lever.
- Disengage lock lever by slightly flexing wrist.



### TO INSPECT THE FIT:

- Check alignment and adjust straps for comfort.
- Check for any neurological or vascular changes.



### TO REMOVE ORTHOSIS:

- Lock device into position by engaging lock lever safety with lock lever.
- Unfasten/loosen straps and carefully slide orthosis off arm.





# ADVANCE DYNAMIC<sup>®</sup> ROM - WRIST EXTENSION ORTHOSIS

RESTORE MOTION, RETURN TO FUNCTION



THE ROM SPECIALISTS<sup>®</sup>

Joint Active Systems, Inc. | 1-800-879-0117 | Effingham, Illinois | Made in USA, Licensed In The State Of Illinois | [jointactivesystems.com](http://jointactivesystems.com)