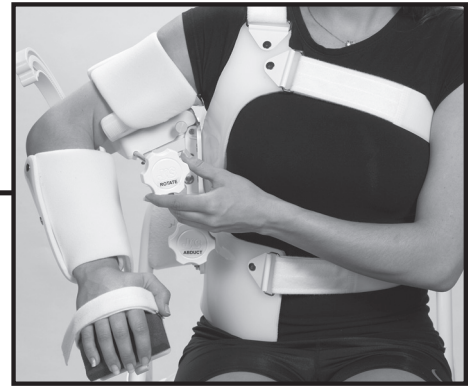


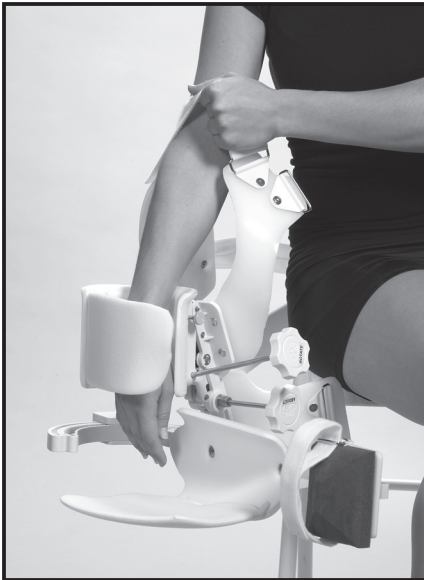
# JASGL SHOULDER: BODY CUFF MODEL

## FITTING INSTRUCTIONS

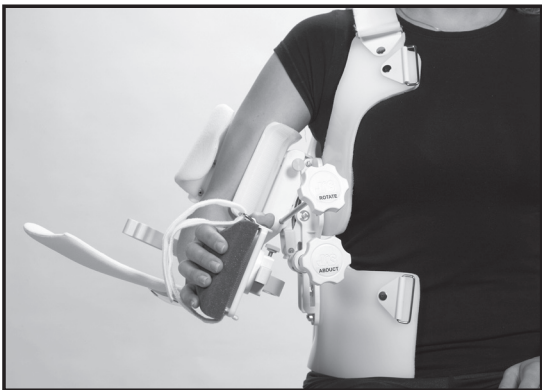
For best results, use an armless chair with a back. Make sure patient's arm is relaxed in the arm support and the involved shoulder is not elevated or hiked.



### STEP 1: SLIDE DEVICE ONTO SHOULDER



- Slide arm through top shoulder strap and bicep cuff and rest it on arm support.



- Let shoulder strap rest on shoulder.

### STEP 2: ALIGN DEVICE TO SHOULDER JOINT



- Pull top shoulder strap to raise device, so that fulcrum is approximately 1" below underarm.
- Make sure patient's arm is relaxed and shoulder is not hiked when checking for proper height.

### STEP 3: SECURE CHEST AND WAIST STRAPS

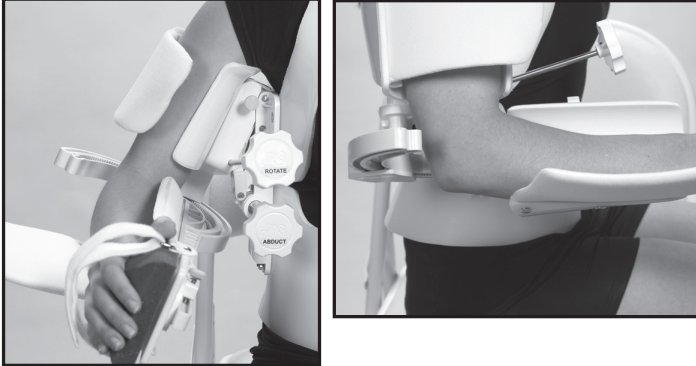


- Feed straps through D-rings and secure comfortably snug.

#### STEP 4: ADJUST LENGTH OF UPPER AND LOWER ARM SUPPORTS (If Necessary)

**IMPORTANT:** Before making length adjustments, assure that patient's arm is relaxed in arm support and shoulder is not hiked.

**NOTE:** Upper arm support length is correct when the elbow sits in center of the gear.



- To adjust upper arm support length: loosen knob under bicep cuff, slide end of support in or out to proper length and retighten knob.



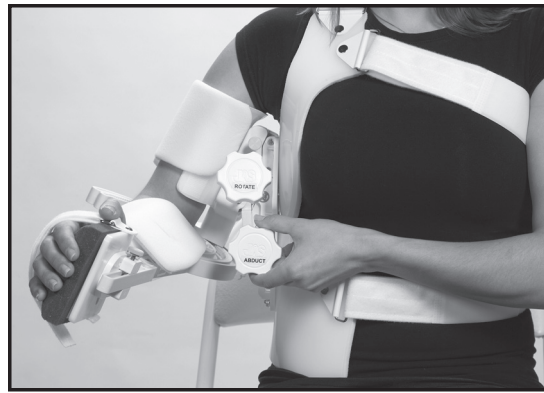
- To adjust lower arm support length: loosen knob under hand support, adjust in or out so that hand rests comfortably on support and retighten.

#### STEP 5: SECURE ARM SUPPORT STRAPS



- Secure upper arm, forearm and hand support straps comfortably snug.

#### STEP 6: ADJUST ABDUCTION POSITION



- Rotate the abduction knob counter clockwise to desired position of shoulder abduction, as directed by doctor or therapist.

**NOTE:** As internal rotation ROM increases, abduction must be increased so that forearm can clear body.



- Rotate Therapy knob to begin treatment protocol outlined on back page.
- ROM therapy can be done for both Internal and External Rotation.